



BREAKFAST - SERVED ALL DAY

The Cyclist Big Breakfast	10.50
Comes with 2 Sausages, 2 Rashers of Smoked Bacon, Grilled Tomato, Hash Brown, Black Pudding, Mushrooms, Baked Beans, Poached Egg and Toast	
The Cyclist Big Veggie Breakfast	10.00
2 Vegan Sausage, Grilled Tomato, Hash Brown, Baked Beans, Poached Egg and Toast	
The Cyclist Butty <i>Vegan options available</i>	4.50
Bacon or Sausage Butty <i>Extras for 80p each - Hash Brown, Black Pudding, Fried Egg</i>	
Eggs on Toast	5.50
Fried or Poached, you decide! <i>Extras from breakfast dishes 80p - Extra Bacon or Sausage £1.20</i>	
La Vuelta ~ the Spanish on toast	8.50
Sautéed mushroom and onion with fried chorizo in a spicy tomato sauce Served on toasted sourdough bread topped with a fried egg	
Tour De Yorkshire ~ the local on toast	7.50
Poached Eggs, Ham and Rocket all from the Shire Served on toasted sourdough from 'Dough York' on Bootham	
L'Etape Puebla ~ the Mexican on toast	7.50
Seasoned Avocado mix, served on sourdough toast garnished with sun dried tomatoes and a balsamic glaze <i>Poached egg can be added for an extra 80p</i>	
Toasted Tea Cake	3.50
Served with jam and butter	
<u>GRILLED SANDWICHES</u>	<i>all served with a side salad</i>
BLAT	8.50
Bacon, Lettuce, Grilled Avocado and Tomato <i>(Vegan Option Available)</i>	
Ham Toasty	7.50
Roast Ham, Cheddar and Tomato Grilled Sandwich	
Cheese Toasty	7.50
Mature Cheddar and Tomato Grilled Sandwich	
<u>COLD SANDWICHES</u>	<i>Served in a 'Dough York' Ciabatta with side salad</i>
Ham Salad	6.50
Wensleydale and Onion Chutney	6.50

PLEASE MAKE US AWARE OF ANY DIETARY REQUIREMENTS UPON ORDERING



HOT DRINKS

Espresso		2.30
Double Espresso		2.70
Americano		2.50
Macchiato	<i>espresso shot with a teaspoon of milk foam on top</i>	2.70
Cortado	<i>espresso shot with equal measure of steamed milk</i>	2.70
Flat White	<i>espresso shot with less milk than a latte</i>	2.80
Latte	<i>the drink to sit with</i>	2.90
Cappuccino	<i>the foamy and chocolate drink to sit with</i>	2.90
Mocha	<i>the chocolatey latte drink to sit with</i>	3.00
Babyccino	<i>the little one</i>	1.50
Hot Chocolate		2.80
Hot Chocolate Royale	<i>with Cream and Marshmallows</i>	3.20
Iced Coffee	<i>A cold drink in the hot section, messing with people's OCD's!</i>	2.90
Syrup Shots	<i>to add to any drink</i>	.50
Yorkshire Tea	<i>no explanation needed!</i>	2.50
Earl Grey Tea		2.80
Peppermint Tea		2.80
Green Tea with Mint		2.80
Berry Tea		2.80

COLD DRINKS

Northumbria Water	<i>Still and Sparkling</i>	1.20
Coke, Diet Coke, Coke Zero, Dr. Pepper, Rio	<i>all 330ml</i>	1.50
Juice Burst	<i>500ml</i>	1.90
Fentimans range of Ginger Beer, Rose Lemonade, Dandelion and Burdock and Victorian Lemonade		3.20
Iced Coffee	<i>add a shot of syrup for an extra 50p!</i>	2.90

CAKES

*We have a sumptuous selection of cakes that vary from our two suppliers
Cakesmiths of Bristol and Cray Bakes of Selby
With Gluten Free and Nut Free options
Please check our display at the counter*

Tray Bakes	3.50
Tray Cakes	3.90

UPCOMING

*Keep an eye on our specials menu as we develop our menu
Some great food ideas floating around in our heads
And we will be grilling these ideas very soon!*



@TheCyclistYork

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